



# HEALTH EQUITY LEADERSHIP SUMMIT

**Welcome!**

**On behalf of the Physicians for a Healthy California (PHC) Board of Directors, welcome to the Health Equity Leadership Summit in beautiful San José, California!**

San José is a fitting location for this Summit. It is a city rich in culture and diversity, known for innovation and creativity. Yet it is also an area of expansive economic disparities. These contradictions are not dissimilar to those that people face in today's health care system.

The pursuit of equity is one that requires humility, empathy, persistence and teamwork. As part of PHC's Strategic Planning Initiative, which began in earnest last year, the PHC Board has been reflecting on our work in the space of advancing health equity and our role in the broader health equity ecosystem. We seek to expand beyond our historic work with the Network of Ethnic Physician Organizations (NEPO), and its cornerstone Annual Summit, while we consider innovative ways to discuss and advance equity in our health care system.

In talking to past NEPO Summit attendees, our Board, and younger members of the PHC and California Medical Association (CMA) community, we consistently heard that their needs are evolving. The desire to hold a place for community among health care providers and equity advocates remains, yet there is also demand for hands-on learning, in-depth conversations and leadership development opportunities. This feedback led to the development of our Health Equity Leadership Summit. This Summit provides each of us with an opportunity to discuss the stubborn challenges we face that inhibit us from the equitable provision of medical care.

This evolution is well-timed as we commemorate PHC's 60th anniversary by honoring the past, celebrating the present and inspiring the future. In addition to NEPO, it is PHC's deep experience with programs like CalHealthCares and CalMedForce that allows us to scale quickly to have the largest possible impact on morbidity, mortality and, ultimately, community health. Both programs have been pivotal to PHC's mission.

As we celebrate 60 years of success, we also must acknowledge that there is more to be done. As we build the next generation of health care professionals, PHC will continue to provide aspiring and practicing physicians with the tools they need to support at-risk communities in California. To that end, we welcome you to the 2023 Health Equity Leadership Summit with joy, humility and hope. We trust that you will leave energized and inspired to continue your work caring for and advocating on behalf of those most in need of the high-quality, affordable medical care they deserve.

**Thank you for your continued commitment to California patients and welcome to San José.**

**Howard A. Kahn, MPA**, Chair, Physicians for a Healthy California

**Pooja Mittal, DO**, Programs Committee Chair, Physicians for a Healthy California

**Lupe Alonzo-Diaz, MPA**, President and CEO, Physicians for a Healthy California

# CELEBRATING 60 YEARS

Honoring the Past, Celebrating the Present, Inspiring the Future

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Formerly known as the California Medical Association Foundation, PHC is celebrating its 60th anniversary of physicians' philanthropic efforts in serving the state of California.

As part of our celebration, PHC will be partnering with the Downtown Women's Center in Los Angeles to provide toiletry bags for women who are unhoused.

Please consider donating to our efforts.  
(Each bag contains ~\$10 worth of supplies)

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PHYSICIANS  
FOR A HEALTHY  
CALIFORNIA

Day 1   Agenda	
11 am – 12 pm	<b>REGISTRATION</b> (buffet lunch available)
12 – 12:20 pm	<b>WELCOME/OPENING REMARKS</b> <ul style="list-style-type: none"> <li>+ <b>LUPE ALONZO-DIAZ, MPA</b>, Chief Executive Officer, Physicians for a Healthy California</li> <li>+ <b>POOJA MITTAL, DO</b>, Chief Health Equity Officer, Health Net</li> </ul>
12:25 – 1:25 pm	<b>HEALTH EQUITY LEADERSHIP IN PRACTICE: A Discussion of Chief Health Equity Officers</b> <p>Join a panel of California's Chief Health Equity Officers for a level-setting discussion about what defines health equity and how those charged with promoting it in California's health systems are approaching the challenge.</p> <ul style="list-style-type: none"> <li>+ <b>POOJA MITTAL, DO</b>, Chief Health Equity Officer, Health Net</li> <li>+ <b>REGGIE TUCKER-SEELEY, SCD</b>, VP of Health Equity, ZERO Prostate Cancer</li> </ul>
1:30 – 2:30 pm	<b>THE DIVERSITY TAX, MORAL INJURY &amp; CAREER SATISFACTION:</b> How Medicine Can Attract and Retain Talent <p>As California strives to build a diverse health care workforce, people of color experience the “diversity tax,” the additional time, work, opportunity costs, and expectations that disproportionately impact people of color to address diversity and equity issues. This session will explore the post-COVID factors that contribute to moral injury and decreased career satisfaction in the health care system, and provide practical methods to improve morale, recruitment, and retention of our valuable clinicians of color.</p> <ul style="list-style-type: none"> <li>+ <b>DEENA SHIN MCRAE, MD</b>, Associate VP, Academic Health Sciences, UC Health</li> <li>+ <b>MELISSA SEE, MD, MPA</b>, Site Medical Director, AltaMed</li> <li>+ <b>MELODY TRAN-REINA, MD</b>, Assistant Clinical Professor of Internal Medicine and Executive Director, Community Health Scholars Program, UC Davis School of Medicine</li> <li>+ <b>URSULA WORSHAM, EDD</b>, Diversity Officer, UC Irvine School of Medicine</li> </ul>
2:30 – 2:45 pm	<b>BREAK</b>
2:45 – 4:15 pm	<b>SHOWING UP AS YOUR AUTHENTIC SELF</b> <p>In this hands-on workshop, you'll learn how to show up in a professional setting as who you are – in all of your identities.</p> <ul style="list-style-type: none"> <li>+ <b>CASSANDRA PYE</b>, President, Lucas Public Affairs</li> </ul>
4:15 – 4:30 pm	<b>REVIEW AND ADJOURNMENT</b>
4:30 – 5:30 pm	<b>BREAK</b>
5:30 – 7 pm	<b>LEADERSHIP AWARDS RECEPTION AND PRESENTATION</b> <p>Awards presentation will begin at 6 pm.</p> <ul style="list-style-type: none"> <li>+ <b>DONALDO HERNANDEZ, MD</b>, (Co-MC) President, California Medical Association</li> <li>+ <b>TANYA SPIRTOS, MD</b>, (Co-MC), Vice Chair, Physicians for a Healthy California and President-Elect, California Medical Association</li> </ul>

## Day 2 | Agenda

7 – 7:45 am	<p><b>WALK WITH A DOC: THE DRAW OF HOME</b>  <i>(Sponsored by the Santa Clara County Medical Society)</i></p> <p>Take a walk by San Jose's downtown murals while Dr. Gaskin discusses her residency at an HBCU and why she returned to rural California to practice. The walking route is available at the end of this document.</p> <p>+ <b>ALEXIS GASKIN, MD</b>, Orthopedic Surgeon, Sutter Medical Group (Auburn)</p>
7 – 8 am	<p><b>TRAINING: LGBTQIA+ 101</b></p> <p>This training, presented by Equality California, is designed to empower health care providers to understand the unique needs of LGBTQIA+ people and provide respectful and culturally sensitive care to the LGBTQIA+ community. Their curriculum includes basic LGBTQIA+ terminology, data on issues that affect the LGBTQIA+ people in California, and the significance of an intersectional approach and how to create a welcoming environment for LGBTQIA+ people.</p> <p>+ <b>WENDY ANGUIANO</b>, Program Manager, Equality California          + <b>KAE HODGE</b>, Senior Program Associate, Equality California</p>
8 – 9 am	<b>BREAKFAST AVAILABLE</b>
9 – 9:05 am	<p><b>WELCOME</b></p> <p>+ <b>HOWARD KAHN, MPA</b>, Chair, Physicians for a Healthy California</p>
9:05 – 10 am	<p><b>BRIDGING IDENTITY, CULTURE, VALUES AND PATIENT HEALTH</b></p> <p>Whether in the exam room or the board room, we often must have tough conversations about issues rooted in a person's core identities and values (e.g., abortion, vaccines, LGBTQIA+, health care, gun violence). Learn how to approach those tough conversations in a respectful, equitable way.</p> <p>+ <b>WENDY ANGUIANO</b>, Program Manager, Equality California          + <b>ALEC CALAC</b>, MD/PhD candidate, National President, Association of Native American Medical Students          + <b>KAE HODGE</b>, Senior Program Associate, Equality California          + <b>JOSIE URBINA, MD</b>, Assistant Professor of Obstetrics and Gynecology, UC San Francisco</p>
10:05 – 11 am	<p><b>INCORPORATING EQUITY PRACTICES THROUGHOUT YOUR CAREER</b></p> <p>In this panel of providers who've taken different approaches to advancing health equity throughout their careers, we'll talk through the obstacles they've faced and the practical steps for how we can show up as leaders in health equity in our jobs, careers and communities.</p> <p>+ <b>ALEXIS GASKIN, MD</b>, Orthopedic Surgeon, Sutter Medical Group (Auburn)          + <b>MANISHA SHARMA, MD</b>, Senior Medical Director, Blue Shield of California          + <b>AIMEE SISSON, MD, MPH</b>, Health Officer, County of Yolo          + <b>KYLE SMITH, MD, MBA</b>, Family Medicine, Sutter Health</p>

11 – 11:15 am	<b>BREAK</b>
11:15 am – 12:10 pm	<p><b>DEVELOPING AND ADVOCATING FOR EQUITABLE HEALTH POLICY</b></p> <p>Hear from a panel of policy and community leaders as they discuss how they approach advocating for health equity in and out of health care settings.</p> <ul style="list-style-type: none"> <li>+ <b>JERRY ABRAHAM, MD, MPH</b>, President, LA County Medical Association</li> <li>+ <b>LISA GAUTHIER</b>, Senior VP, Inclusion &amp; Belonging, Silicon Valley Leadership Group</li> <li>+ <b>MARIEL MARQUEZ, MD</b>, Pediatric Resident, Valley Children's Hospital</li> <li>+ <b>RAKHI SINGH, MD</b>, Medical Director, Fair Oaks Health Center Adult Clinic</li> </ul>
12:15 – 12:30 pm	<p><b>CLOSING REMARKS</b></p> <ul style="list-style-type: none"> <li>+ <b>POOJA MITTAL, DO</b>, Chief Health Equity Officer, Health Net and Programs Committee Chair, Physicians for a Healthy California</li> </ul>
12:30 – 1:30 pm	<p><b>BOX LUNCH AVAILABLE</b></p> <p>Feel free to join us in the ballroom or take your meal on the road.</p>

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## Exhibitors



## Speaker Biographies

**Jerry P. Abraham, MD, MPH, CMQ**, (he/him) is president of the Los Angeles County Medical Association. Dr. Abraham is also a board-certified family physician, epidemiologist, medical quality specialist and California Medical Association (CMA) Trustee. During the COVID-19 pandemic, Dr. Abraham led a globally recognized vaccine equity initiative to ensure that all residents of Los Angeles County had the chance to be fully vaccinated and boosted from SARS CoV-2. He and his team have vaccinated over 300,000 people in South Los Angeles, tested hundreds of thousands more, distributed thousands of COVID-19 therapeutics and, as a result, reduced COVID-19 infections, hospitalizations and fatalities. Dr. Abraham holds a master of public health from Emory University and completed a post-graduate Fellowship in Global Injury Epidemiology at the Harvard School of Public Health. He received his medical degree from the University of Texas at San Antonio and completed his Family and Community Medicine Residency training at the USC Keck School of Medicine in Los Angeles, where he also completed a Faculty Development, Medical Quality and Health Policy Fellowship. Dr. Abraham holds a joint appointment in Family and Community Medicine and Psychiatry at Charles Drew University, a historically Black medical school, and serves as faculty for the UCLA David Geffen School of Medicine Department of Family Medicine. Born in Houston, Texas, Dr. Abraham graduated from the Texas Academy of Mathematics and Sciences.

**Lupe Alonzo-Diaz, MPA**, (she/her) serves as the President and CEO of Physicians for a Healthy California (PHC). Alonzo-Diaz is a dynamic, strategic leader transforming health systems and expanding access to quality care. In her role at PHC, she has revitalized PHC's commitment to community health and health equity, including launching, scaling and managing a grant-making portfolio investing more than \$665 million in public funds delivering access to care in underserved communities. She is also the CMA Vice President of Continuing Medical Education (CME), where she authored the nation's first regulatory standards on cultural competency in CME. Prior to joining PHC, Alonzo-Diaz was the Deputy Director of Administration for the Department of State Hospitals, the nation's largest inpatient psychiatric facility, where she oversaw the daily operations of five state hospitals with a \$1.4 billion budget and over 11,000 employees and 11,000 patients annually. Before this, she served in various leadership roles at the Office of Statewide Health Planning and Development (OSHPD), including as Acting Chief Deputy Director and Acting Deputy Director of Administration. At OSHPD, she also led the state's efforts on health workforce development, overseeing various programs and grants increasing access to care in underserved areas as its Deputy Director of Healthcare Workforce Development. Alonzo-Diaz initially came to state government as a gubernatorial appointee for the Health Professions Education Foundation as its Executive Director, where she led the state's grantmaking and investment opportunities for health care providers. Prior to public service, she held various leadership positions with the Latino Coalition for a Healthy California, Western Center for Law and Poverty, Children's Advocacy Institute and the Mexican American Legal Defense and Education Fund. Alonzo-Diaz earned a master's degree from the University of Texas at Austin and a bachelor's degree from UC Berkeley. She currently serves as a member of the Board of Directors for National Alliance of Mental Illness California and One Community Health, a community health center in Sacramento.

**Wendy Anguiano** (she/her) is a program manager at Equality California, responsible for leading the LGBTQIA+ Diversity, Equity and Inclusion Training. This program provides training for health care and homeless service providers around LGBTQ+ inclusion. Anguiano previously volunteered at LGBTQIA+ nonprofits and worked in higher education within student affairs, focusing on LGBTQIA+ centers. She holds a dual bachelor of arts in Women and Gender Studies and English from California State University, Fullerton, and a dual master of arts from Claremont Graduate University in Applied Gender Studies and

Community-Engaged Education and Social Change. Anguiano is passionate about educating others around LGBTQIA+ inclusion.

**Alec Calac** (he/him) is an MD/PhD candidate at UC San Diego School of Medicine and Herbert Wertheim School of Public Health and Human Longevity Science. He is the National President of the Association of Native American Medical Students, the largest and oldest non-profit organization representing the interests of Native American medical and allied health professional students. Calac works collaboratively with the Global Health Policy and Data Institute on research projects that synthesize tribal public health, health technology and social media. In 2022, he was named a 40 Under 40 Leader in Minority Health by the National Minority Quality Forum and participated in the Biden-Harris Leaders in Health Equity Roundtable Series.

**Alexis Gaskin, MD, FAAHKS**, (she/her) is an orthopaedic surgeon and total joint reconstruction specialist for Sutter Medical Group. Dr. Gaskin is also a consultant for Johnson and Johnson, and leads the total joint committee for Sutter Auburn Faith Hospital, focusing on high school outreach programs and premedical outreach programs to expose underrepresented groups in medicine to the profession. Dr. Gaskin previously served as administrative chief at Howard University Orthopaedic Surgery Residency program, where she oversaw 20 surgical residents and programing. She received her medical degree from UC Davis School of Medicine and went on to complete her residency at Howard University and a lower extremity reconstruction fellowship at Scripps Green Hospital. Dr. Gaskin received her bachelor of science from UC San Diego, where she also played basketball.

**Lisa Gauthier** (she/her) was elected to the East Palo Alto City Council in 2012 and is currently serving as Mayor. She previously held the positions of Vice Mayor in 2014, 2018 and 2022, and Mayor in 2015 and 2019. Gauthier is the Senior Vice President of inclusion and Belonging for the Silicon Valley Leadership Group, where she leads the workforce/education, racial justice and equity, and health care policy areas. She recently worked as the Government Affairs Manager at Study.com, an online education company in Mountain View, where she supported the company's community impact programs – including Working Scholars, a community-funded free college initiative. Gauthier is an active board member with The Health Trust, Live in Peace, CCAG, San Mateo County Office of Emergency Services, Stanford Medicine Community Council, San Mateo County's One Shoreline Agency and the San Francisquito JPA. She was chosen as one of Silicon Valley's 100 Women of Influence in 2020 by *Silicon Valley Business Journal* and received the Women of the Year Award from Assemblymember Marc Berman in 2022. In 2019, she earned her bachelor's degree in business administration with a focus on general management from Thomas Edison University in New Jersey. She is the proud mother of three young adults.

**Kae Hodge** (they/them) is a Senior Program Associate for Equality California, working on projects related to reproductive justice, reducing barriers to health care access and leveraging community input for actionable solutions to the issues facing the LGBTQIA+ community. They were previously a program associate on the Los Angeles OUT Against Big Tobacco program at the Equality California Institute. Hodge has experience in social science research, journalism, community organizing and political advocacy. They graduated from UC Berkeley with a bachelor of arts in English Literature and Political Science and a minor in Journalism.

**Mariel Marquez, MD**, (she/her) is a pediatrician at Valley Children's Healthcare. Prior to this, Dr. Marquez attended UC Davis School of Medicine, where she began her medical journey. During her time in medical school, she had the opportunity to explore various specialties, but decided pediatrics was her calling. Realizing the need for advocates of underserved and Spanish-speaking communities in the medical field, Dr. Marquez completed her pediatric residency at Valley Children's Healthcare, located in central California. This opportunity allowed her to hone her skills as a compassionate pediatrician while simultaneously working toward improving health care accessibility for underserved populations. Marquez also received her bachelor of science at UC San Diego.

**Deena Shin McRae, MD**, (she/her) is the Associate Vice President for Academic Health Sciences at University of California Health, providing leadership, strategic direction, policy guidance and advocacy on behalf of the University of California's health sciences and clinical training system. Dr. McRae leads systemwide and regional initiatives that are important for advancing UC's teaching, research and public service missions. From 2016 to June 2023, she was the Associate Dean for Graduate Medical Education and Designated Institutional Official at the UC Irvine School of Medicine, overseeing the accreditation of both the institution, as well as UC Irvine's 72 residency and fellowship programs. Dr. McRae has also served as the Associate Chief of Staff for Education/Designated Education Officer at the Tibor Rubin VA Medical Center in Long Beach. She has also served as the UC Irvine Psychiatry Residency Program Director. Currently, Dr. McRae is a clinical professor in the Department of Psychiatry and Human Behavior at UC Irvine School of Medicine. She obtained her bachelor of arts degree at the University of Pennsylvania and completed both her medical school and psychiatry residency training at UC Irvine.

**Pooja Mittal, DO**, (she/her) is the Chief Health Equity Officer for Health Net. She leads the company in developing, implementing, facilitating and embedding strategic health equity initiatives into every aspect of Health Net's programs, services, actions and outcomes. She joined the company in June 2016. Additionally, she practices primary care at a Federally Qualified Health Center (FQHC) in San Mateo County. As a family physician and recognized national expert on perinatal HIV care, Dr. Mittal has a unique perspective to design strategic initiatives that improve care for California's most vulnerable populations. She also dedicates her time to increasing health equity through teaching the next generation of medical residents as an adjunct associate professor at UC San Francisco (UCSF) and Stanford University School of Medicine. In addition to her clinical work, she is published in the areas of well-childcare, group visits, preconception care, health equity and perinatal HIV. She earned her bachelor of science from Boston University and her medical degree from A.T. Still University Osteopathic Medical School.

**Cassandra Pye** (she/her) is the President of Lucas Public Affairs and has served in leadership roles in the public and private sectors in Sacramento and in Washington, D.C. Since 2016, she's been a lead facilitator throughout the country for the American Leadership Forum's Leading Consciously trainings, providing insights into unconscious (implicit) bias and its impact on societal structures and institutions. In 2014, she launched 3.14 Communications, LLC, a full-service communication consultancy with clients in a range of sectors. In 2003, Pye was appointed Deputy Chief of Staff to California Governor Arnold Schwarzenegger and served as a member of his post-election transition team. She is former Political Director and Corporate Affairs Vice President for the California Chamber of Commerce, where she launched the JobsPAC, ChamberPAC and the Coalition for California Jobs. Pye is a graduate of George Washington University. She is a passionate professional soccer fan and was among the original group of supporters for the Sacramento Republic Football Club.

**Melissa V. See, MD, MPA**, (she/her) is a family physician and Site Medical Director of AltaMed South Gate and Paramount Clinics. Dr. See also serves as the Provider Champion for AltaMed's Medication Assisted Therapy (MAT) Program, which is focused on expanding MAT services for AltaMed patients facing opioid, alcohol and substance use disorders. She previously served as Medical Director for an FQHC in Washington, D.C., where she completed a Community Health Leadership Development Fellowship at Georgetown University. Dr. See has a background of working with diverse populations and environments, from addressing cancer screening disparities in Queens, NY, to addressing post-traumatic stress disorder in Syrian refugees recently resettled in Salt Lake City, UT. The combination of experiences and training have also helped to highlight issues she is most passionate about, including health equity; transgender and other LGBTQIA+ health issues; pathways to increase diversity in health care careers and higher education; community medicine; quality improvement; MAT for opioid, alcohol, and substance use disorders; and physician advocacy and leadership. This is especially apparent in her current position as Site Medical Director of the South Gate clinic, home to AltaMed's Family Medicine Residency Program, which is training 18 family medicine residents who are committed to eliminating disparities in health care access and

outcomes by providing superior health and human services for culturally diverse communities in Southern California.

**Manisha Sharma, MD, FAAFP**, (she/her) is the Senior Medical Director of Blue Shield of California Promise Health Plan, serving 500,000+ members receiving Medi-Cal. Dr. Sharma is a board-certified family medicine physician, trained in social medicine, who works at the intersection of social justice, patient care, health policy, system design and clinical innovation. She leads and provides strategic advisory support on multiple local, state and national initiatives geared to dismantle structural racism in medicine and end health inequities. Dr. Sharma has organized and led numerous grassroots physician campaigns through Doctors for America, where she served as the National Director of Leadership Cultivation. She is a graduate of the California Health Care Foundation Leadership and Innovation Fellowship. Dr. Sharma is also a founding partner of Civic Health Alliance, a non-partisan coalition of health professionals and students committed to helping peers and patients register to vote and vote safely, and Centivox Group, a social impact firm that transforms public health communications by elevating health care providers, scientists, health and racial equity experts as trusted messengers.

**Rakhi Singh, MD**, (she/her) serves as Medical Director for the Fair Oaks Health Center Adult Clinic in Redwood City. Dr. Singh also has a passion for tackling food insecurity and has collaborated with several community partners to find solutions and empower families to better understand that food is medicine. Dr. Singh has a daily meditation practice and is passionately committed to serving patients and colleagues with dignity and compassion. She happily lives in Palo Alto with her husband and three children.

**Aimee Sisson, MD, MPH**, (she/her) has served as Health Officer for the County of Yolo since October 2020. Dr. Sisson is responsible for protecting and promoting the health of all Yolo County residents. Her recent efforts have been focused on guiding Yolo County's response to the COVID-19 pandemic. Prior to this, she served as Health Officer and Director of Placer County's Public Health Division from October 2019 through September 2020. Dr. Sisson was responsible for protecting and promoting community health throughout the county, including leading Placer County's response to coronavirus. She also served in various capacities at the California Department of Public Health (CDPH) for over 10 years. Dr. Sisson directed training programs in preventive medicine and epidemiology and was involved in projects addressing chronic disease prevention and control, climate change, health in all policies, and mental health disparities. She received a bachelor of science degree in Biochemistry from Loyola Marymount University, a master of public health degree in Epidemiology from UC Davis, and a medical degree from UCLA. Dr. Sisson completed residency training in preventive medicine at CDPH. She is board certified in General Preventive Medicine and Public Health by the American Board of Preventive Medicine and is a Fellow in the American College of Preventive Medicine. Dr. Sisson is also Vice Chair of CMA's Council on Science and Public Health and a member of the volunteer clinical faculty, serving as Assistant Professor, in the UC Davis Department of Public Health Sciences.

**Kyle Smith, MD, MBA**, (he/him) is a board-certified, full-spectrum family medicine physician at Sutter Health in Roseville. Dr. Smith is also an adjunct faculty member for the Sutter Family Medicine Residency Program in Sacramento. He is proud to be a physician to underserved populations as one of few Medi-Cal providers in his system regionally. Dr. Smith provides comprehensive pediatric, obstetric and adult medicine with a special interest in addiction recovery, mental health and women's health. He received his undergraduate degree from Brigham Young University, his medical degree from UC Irvine and is a graduate of UC Irvine's Program in Medical Education for the Latino Community. He also received his master in business administration from the Paul Merage School of Business, with an emphasis in health care administration. Dr. Smith has a passion for caring for diverse and underserved populations with a special aim to optimize health care delivery systems, increase health care access and improve health outcomes.

**Melody Tran-Reina, MD,** (she/her) is an Assistant Clinical Professor of Internal Medicine and Executive Director for the Community Health Scholars (CHS) programs at UC Davis School of Medicine. The CHS programs are tailored training pathways for medical students who wish to serve in rural, urban, Central Valley or Indigenous communities. Dr. Tran-Reina completed her medical degree and residency at UC Davis in programs focused on primary care for urban underserved communities and currently practices as a primary care physician in a safety-net clinic in Sacramento.

**Reggie Tucker-Seeley, ScD,** (he/him) is the Vice President of Health Equity at ZERO-The End of Prostate Cancer. Dr. Tucker-Seeley leads the development and implementation of ZERO's health equity strategy to reduce racial/ethnic and place-based disparities in prostate cancer. He completed his master and doctoral degrees in public health at the Harvard T.H. Chan School of Public Health (HSPH) and a postdoctoral fellowship in cancer prevention and control at HSPH and the Dana-Farber Cancer Institute (DFCI). In 2017-2018, he was a Robert Wood Johnson Health Policy Fellow with a placement in the U.S. Senate. Prior to joining ZERO, Dr. Tucker-Seeley was the inaugural holder of the Edward L. Schneider chair in gerontology and Assistant Professor in the Leonard Davis School of Gerontology at the University of Southern California (USC). Prior to joining USC, he was an Assistant Professor of Social and Behavioral Sciences at DFCI and HSPH. Dr. Tucker-Seeley is also the principal and owner of the Health Equity Strategies and Solutions consulting firm, advising health/health care related organizations, departments and committees/coalitions.

**Josie Urbina, MD,** (she/her) is an OB/GYN and Complex Family Planning specialist at San Francisco General Hospital. She is an Assistant Professor of Obstetrics, Gynecology and Reproductive Sciences at UCSF, where she teaches and mentors underrepresented in medicine medical students and residents. Dr. Urbina attended medical school at Universidad Autonoma de Guadalajara in Mexico and completed her OB/GYN residency at Jersey Shore University Medical Center. Dr. Urbina also completed a fellowship in Complex Family Planning at UCSF, with a focus on advanced training in abortion care and complex contraception, and a master's in Clinical Research at UCSF. Her research focuses on the bias, racism and discrimination that Latinx patients encounter when seeking sexual and reproductive health care, particularly abortion and contraception. Born and raised in East Los Angeles, she saw firsthand the institutional, structural and social inequities that marginalized communities face when seeking medical care.

**Ursula Worsham, EdD,** (she/her) serves as the Assistant Dean and Chief Diversity Officer for the UC Irvine School of Medicine, where she is charged with leading the development and implementation of strategic planning efforts to advance diversity and health equity initiatives for faculty, learners and staff. Dr. Worsham is an assistant adjunct professor in the Department of Family Medicine and is responsible for leading the creation of the UCI School of Medicine's Office of Belonging, Equity and Empowerment (BEE) to support a community where all can thrive. She also served as Director of Admissions and Executive Director of Student Support Services at UCI School of Medicine. In these roles, Dr. Worsham worked to expand access to historically excluded and marginalized communities at all levels of academic medicine to provide education, outreach, recruitment, selection, advocacy and support. She obtained her doctorate in education from USC, and both her master's in counseling and bachelor's in health science from California State University, Long Beach.



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## California Medical Student Health Equity Leadership Award

The **California Medical Student Health Equity Leadership Award** was established in 2023 by Physicians for a Healthy California (PHC) to honor a student whose activities have demonstrated interest and efforts working toward becoming a leader in promoting health equity within the state of California. The purpose of this award is to give a student the opportunity to highlight their work, passions, and contributions toward improving health equity consistent with the mission of PHC.

**Jacqueline Xu** (she/her) currently attends Kaiser Permanente Bernard J. Tyson School of Medicine. Prior to this, she served as a project manager at the Connecticut Department of Public Health, deploying COVID-19 mobile vaccination units to low-resource communities. She received a bachelor of arts in public policy from Duke University. Xu is passionate about bringing high-quality primary care to low-income families and hopes to spend her clinical career continuing this work. As part of PHC's award recognition, a donation of \$250 will be made to the health-related charity of her choice.

## California Resident Health Equity Leadership Award

The **California Resident Health Equity Leadership Award** was established in 2023 by PHC to honor a resident who is working diligently to be part of the next generation of physician leaders dedicated to improving health equity among those Californians facing the greatest barriers to care. The purpose of this award is to highlight the exemplary work in advancing health equity in their communities, outside of their residency programs, in alignment with the mission of PHC.

**Alyssa Ashbaugh Ortega, MD**, (she/her) is a second-year dermatology resident at UC Davis Medical Center who is dedicated to increasing access to dermatological care in underserved communities, with a particular emphasis on the Latinx immigrant population. While Dr. Ashbaugh Ortega is early in her career, she has written over 30 publications and multiple book chapters, earned a grant supporting her current research efforts, and has a U.S. patent filed. She hopes to make an impact on the field of dermatology and on the community of patients she serves.

## California Young Physician Health Equity Leadership Award

The **California Young Physician Health Equity Leadership Award** was established in 2023 by PHC to honor a young physician whose work has made a significant contribution to improving access and reducing disparities in health care, improving cultural competency, and promoting patient advocacy in California. They also embody PHC's mission to improve community health, grow a diverse physician workforce, and promote health equity.

**Melody Tran-Reina, MD**, (she/her) is an Assistant Clinical Professor of Internal Medicine and Executive Director for the Community Health Scholars (CHS) programs at UC Davis School of Medicine. The CHS programs are tailored training pathways for medical students who wish to serve in rural, urban, Central

Valley or Indigenous communities. Dr. Tran-Reina completed her medical degree and residency at UC Davis in programs focused on primary care for urban underserved communities and currently practices as a primary care physician in a safety-net clinic in Sacramento.

## Diverse Physician Leadership Award

Each year, PHC honors a diverse physician for outstanding leadership for diverse communities and in improving public health. The purpose of the **Diverse Physician Leadership Award** is to honor the individual physician; inspire other physicians; and promote leadership, caring and compassion in medicine. This award seeks to reinforce PHC's mission to improve community health and grow a diverse physician workforce.

**Monica U. Hahn, MD, MPH, MS, AAHIVS**, (she/her) is an Associate Clinical Professor at UC San Francisco in the Department of Family and Community Medicine and OB/GYN. Dr. Hahn also practices family-centered HIV care and teaches in medical student and residency training programs, including in the UCSF PRIME-US Program, the UCSF Family Medicine Residency Program and the UCSF-UC Berkeley Joint Medical Program. She serves as Clinical Director and Co-PI for the capacity-building organizations, Training and Health Equity Collaborative and Pacific AIDS Education and Training Center, and cares for families affected by HIV in and around pregnancy as the Associate Medical Director of HIVE Clinic. Dr. Hahn is a diversity leader for the UCSF Differences Matter Initiative, a Curricular Component Liaison for the UCSF Anti-Oppression Curriculum Initiative and a co-founder of the Institute for Healing and Justice in Medicine.

## Frank E. Staggers Sr., M.D., Outstanding Ethnic Physician Organization Award

The **Frank E. Staggers Sr., M.D., Outstanding Ethnic Physician Organization Award** was established in honor of Frank Staggers Sr., M.D., co-founder of the Network of Ethnic Physician Organizations (NEPO). The award honors an ethnic physician organization that has taken significant action toward improving the health of their communities, consistent with the values of Dr. Staggers (an understanding that the health of an individual and the health of the community are always integrally linked and the principle that health care is a right, not a privilege).

The **Sikh Family Center** promotes community health and well-being with a special focus on gender justice. They provide trauma-centered interventions for survivors of violence while working to change the social and cultural conditions that allow gendered violence to occur in the first place. Their training, outreach and advocacy are grounded in cultural tradition, grassroots power and intergenerational healing. The center does this through different avenues, including creating and disseminating bilingual prevention resources and developing programs to enhance community health.

## Adarsh S. Mahal, M.D., Access to Health Care and Disparities Award

The **Adarsh S. Mahal, M.D., Access to Health Care and Disparities Award** was established by 2007 California Medical Association President Anmol S. Mahal, M.D., and his wife, Surjit K. Mahal, M.D., in honor of Dr. Mahal's father, Adarsh S. Mahal, M.D., who spent his career working to improve access to mental health care in India. The purpose of the award is to honor an individual or organization that has shown extraordinary interest and demonstrated efforts leading to a significant contribution toward improving access to health care or reducing disparities in health care in California.

**Tonya Fancher, MD, MPH,** (she/her) is Vice Chair for Workforce Diversity, Associate Dean of Workforce Innovation and Education Quality Improvement, and Interim Head of the Division of General Internal Medicine at UC Davis School of Medicine. Dr. Fancher has worked in undergraduate medical education and graduate medical education to address workforce shortages in medically underserved communities. With grants from Human Resources and Services Administration, the American Medical Association and the California Department of Health Care Access and Information, her work has created California's first three-year MD pathway and a Northern California community college to medical school pathway. She serves on the Accreditation Council for Graduate Medical Education's Diversity, Equity, and Inclusion Advisory Committee and Human Resources and Services Administration's Advisory Committee on Training in Primary Care Medicine and Dentistry. Dr. Fancher's scholarly work focuses on challenges and solutions to inequities in medical education.

## **Robert D. Sparks, M.D., Leadership Award**

The **Robert D. Sparks, M.D., Leadership Award** was established in 1997 in honor of Robert D. Sparks, M.D., PHC's first President and CEO. The award honors an individual or organization that has demonstrated outstanding dedication to the health of communities in a manner consistent with PHC's mission to champion community health, health equity, and diversity in the physician workforce in partnership with leaders in medicine, related health professions and the community.

**Manisha Sharma, MD, FAAFP,** (she/her) is the Senior Medical Director of Blue Shield of California Promise Health Plan, serving 500,000+ members receiving Medi-Cal. Dr. Sharma is a board-certified family medicine physician, trained in social medicine, who works at the intersection of social justice, patient care, health policy, system design and clinical innovation. She leads and provides strategic advisory support on multiple local, state and national initiatives geared to dismantle structural racism in medicine and end health inequities. Dr. Sharma has organized and led numerous grassroots physician campaigns through Doctors for America, where she served as the National Director of Leadership Cultivation. She is a graduate of the California Health Care Foundation Leadership and Innovation Fellowship. Dr. Sharma is also a founding partner of Civic Health Alliance, a non-partisan coalition of health professionals and students, committed to helping peers and patients register to vote and vote safely, and Centivox Group, a social impact firm that transforms public health communications by elevating health care providers, scientists, health and racial equity experts as trusted messengers.

# Walk with a Doc: The Draw of Home

*Sponsored by the Santa Clara County Medical Association*

**6:45 am:** Meet in hotel lobby

**7:00 am:** Leave San José Marriott



**7:45-8 am:** Expected return

**8:00 am:** Breakfast available

San José is home to hundreds of pieces of public art supported by the city and community, with the expressed purpose to celebrate the city's diversity, innovative spirit, historic richness and envision its present and future. Join us for a casual walk around some of San José's murals, sculptures and landmarks while orthopedic surgeon Alexis Gaskin, MD, discusses her path from college athlete to medical school to residency at an HBCU – and why she returned to rural California to practice.

The walk covers 1.6 miles and should take about 35-40 minutes. Though this route takes you past some of the city's better-known pieces, you'll also see street art, murals and some of the Downtown Doors program, San José Downtown Foundation's annual competition for high school students to add their artwork to the city's urban landscape.

**[Map can be downloaded here.](#)**

Directions	The Story Behind the Art	
<ul style="list-style-type: none"><li>Head northeast out of the Marriott toward S. Market St.</li><li>Turn left onto S. Market St.</li><li>Turn right onto Paseo de San Antonio (the alley after the Morton's steakhouse)</li></ul>		<p><b>Man on Fire Sculpture</b></p> <p>The design of this commemorative artwork connects San José State University with Plaza de Cesar Chavez, in the heart of the City's downtown. The artwork references Dr. Ernesto Galarza's life-long pursuit of bridging academic and civil life and referencing the many facets of his work, including academia, poetry, education, and labor organizing.</p>
<ul style="list-style-type: none"><li>Continue northeast on Paseo de San Antonio</li><li>Turn left onto S. 4th St.</li><li>Continue past San José State University and cross E. Santa Clara St.</li></ul>		<p><b>Homage / Si Se Puede Mural</b></p> <p>This mural started the modern era of the mural movement in downtown San José. Located next to the 4th and Santa Clara streets Chevron Station, artists Chris Duncan and Paul Urich pay "homage" to Mexico City Olympic sprinters and activists John Carlos and Tommy Evans. (2003)</p>

- Head southwest on E Santa Clara St. toward N. 3rd St.
- Turn left onto S. Second St.
- Continue to the corner of S. Second St. and E. San Fernando St.



#### **SAP 25 Years Celebration Mural**

SAP Center celebrated its 25th anniversary with a massive mural by California-based artists, the Draculas. The mural, commissioned by SAP, pays tribute to the musicians, entertainers and athletes that have performed at the venue over the years.

- Head southwest on E. San Fernando St. toward S. 1st St.
- Once you pass the entry to Mezcal Restaurant, look behind you at the side of the building



#### **Alebrijes Mural**

Many sacred aspects of Indigenous culture are represented in this mural, connecting the building itself to a rich history which originated in Mexico, but is still alive and well, taking on new form and significance in San José today. Representing the mystical qualities of the mezcal is a 15-foot tall Nuestra Señora Immaculada de Juquila, patron goddess of the maguey plant.

- Continue southwest on E. San Fernando St.
- Cross the road and turn right toward Fairmont Plaza
- Turn right onto Fairmont Plaza



#### **San José Museum of Art**

The San José Museum of Art is on the unceded ancestral land of descendants of the Ohlone nation. The Ohlone nation is represented by numerous tribes, Indigenous organizations, and individuals with whom we strive to build relations. SJMA acknowledges and celebrates the continued presence of the region's multiple Indigenous communities, expresses gratitude for their guidance and teachings, and pledges an ongoing commitment to listening, learning, and sharing. The San José Museum of Art nurtures empathy and connection by engaging communities with socially relevant contemporary art.

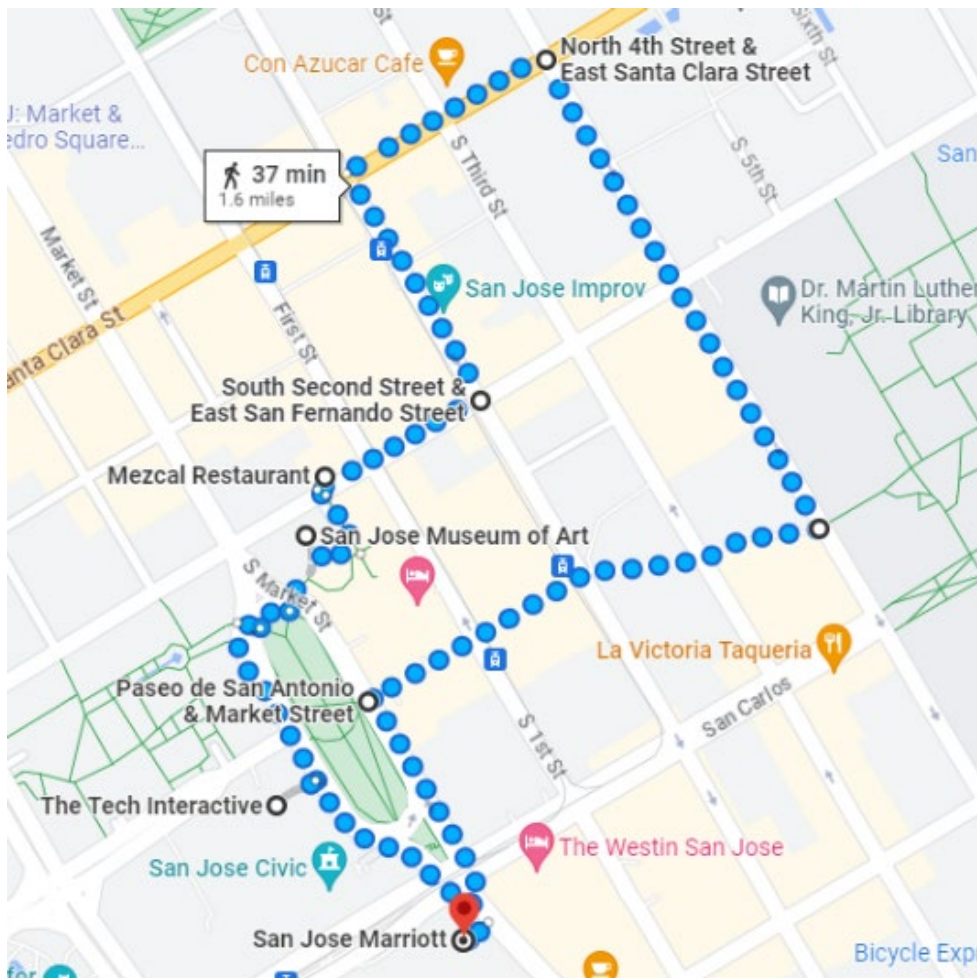
- Head southwest on Fairmont Plaza toward S. Market St.
- Turn right toward S. Market St.
- Walk around the northwest end of Plaza de César Chávez
- Continue southeast on S. Market St. to the San José Marriott



### The Tech Interactive

Tech Interactive is a mission driven organization that develops the next generation of problem-solvers locally, nationally and globally, through the creation and distribution of world-class immersive STEAM education resources.

### WALKING ROUTE



### Sources:

[City of San José Public Art Program](#)  
[NBC Bay Area](#)  
[The Tech Interactive](#)

[San José Downtown Foundation](#)  
[San Jose Museum of Art](#)