

TEXAS MEDICAL ASSOCIATION HOUSE OF DELEGATES

Resolution 326
2024

Subject: Adapting TMA Gender Policy

Introduced by: Duren Michael Ready, MD

Referred to: Reference Committee on Science and Public Health

1 Whereas, Medical conditions where there is only one treatment are exceedingly rare; and

2
3 Whereas, Medical conditions where there will only be one treatment for all time are nonexistent; and

4
5 Whereas, When adopting policy it is optimal to articulate a proposed policy in a manner that can garner
6 the greatest support from the greatest number of members; and

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8 Whereas, The American Academy of Pediatrics has recently been sued by a detransitioner for its policy
9 supporting gender affirming care; and

10
11 Whereas, The American Pain Society ceased operation in the face of numerous lawsuits alleging its role
12 in expanding opiate prescribing for nonmalignant pain; therefore be it

13
14 RESOLVED, That the Texas Medical Association amend policy 260.139 by deletion and substitution as
15 follows:

16
17 260.139

18 ~~Gender Affirming Care:~~

19 ~~Gender affirming care encompasses a range of social, psychological, behavioral, and medical~~
20 ~~interventions designed to support and affirm an individual's gender identity when it conflicts with~~
21 ~~the gender that person was assigned at birth.~~

22
23 1. ~~TMA supports physician efforts to provide medically appropriate gender affirming care~~
24 ~~and therapies relating to gender identity and strongly opposes the criminalization of these~~
25 ~~practices.~~

26 2. ~~TMA supports the practice of evidence based, patient centered, gender affirming care~~
27 ~~and will aggressively oppose the use of potentially harmful, unproven therapies for~~
28 ~~children.~~

29 3. ~~TMA encourages physicians to stay informed of the harms of criminalization of gender-~~
30 ~~affirming therapies. (CM-CAH Rep. 3 2023).~~

31
32 Gender dysphoria / incongruence (transgenderism) care:

33 Gender dysphoria / incongruence is a condition where a person experiences discomfort or distress
34 because there's a mismatch between their biological sex and gender identity.

35
36 1. TMA supports physician efforts to provide evidence-based care for gender dysphoria and
37 as in other aspects of Evidence Based medical practice, we reaffirm our opposition to any
38 criminalization of appropriate medical practices.

- 1 2. TMA supports physician efforts to provide evidence-based care for gender dysphoria and
- 2 will aggressively oppose the use of potentially harmful, unproven therapies for children.
- 3 3. TMA encourages physicians to stay informed of the complexities regarding all aspects of
- 4 gender dysphoria.
- 5

6 **Relater TMA Policy:**

7 [60.011 References to Sex and Gender in TMA Policy](#)

8 [160.013 Medical Expert Witness Standards](#)

9

10 **Related AMA Policy:**

11 None.

12

13 **References:**

14 1. <https://thehill.com/opinion/4284777-matthews-here-come-the-gender-detransitioner-lawsuits/>

15 2. [US medical group that pushed doctors to prescribe painkillers forced to close | Opioids crisis | The](#)
16 [Guardian](#)